

Virtual Club Juniors (K-2)

Week of: July 6 - July 10

VIRTUAL CLUB CONNECTION



BOYS & GIRLS CLUB
OF CABARRUS COUNTY

ZOOM CLASSROOM SESSIONS

Don't forget our Program Directors continue to host daily Zoom meeting activities. Parental consent forms must be provided. If you haven't already, please complete the yellow consent form and return to the activity table at the Club 5:30-6:30 weekdays.

Zoom meeting links and passwords will be sent via email once consent has been received. You will receive a new link and password each week.

ZOOM MEETINGS	M	T	W	TH	F
3:30-4PM K-2nd Grade	COACH BREEZY	MS. WILLIAMS	MS. CHERI	COACH DAVIS	↑ NO ZOOM MEETINGS
4:30-5PM 3rd-5th Grade	MS. CHERI	COACH BREEZY	COACH DAVIS	MS. WILLIAMS	↑ FUN FRIDAY CARnival DRIVE-THRU + PACKET PICKUP 5:30-6:30PM
5:30-6PM Middle School		MR. ALEC	MR. ALEC	MR. ALEC	↓

VIRTUAL CLUB PACKET INSTRUCTIONAL VIDEOS

Please subscribe to our YouTube channel: <https://www.youtube.com/user/BGCofCabarrusCounty> to access fun videos that explain some of the weekly packet activities and provide visual instruction. New videos are posted each Friday as new packets are distributed.

SUPPLIES, SUPPLIES!

An amazing collection of school materials and arts & crafts goodies is available this week courtesy of our friends at The City of Concord! Be sure to pick a box up in the drive-thru line.

CARnival FUN FRIDAYS!

- JULY 10 | **CAMP SPENCER SHOWDOWN**
Camp activities including Fishing & Archery
- JULY 17 | **MOVIE NIGHT**

We miss you and hope you and your families are safe and healthy. We hope these opportunities allow us to connect with you the best we can during these times.



Arts & Crafts

Ms. Cheri

choward@bgclubcab.org



Activity 1: Beach Ball

Supplies Provided in this Packet: Paper plate, Construction paper

Things needed at home: Glue

Directions: Draw beach ball lines on the plate. Then cut the construction paper into small pieces and decorate each section with a different color. Please email me a photo to win your choice of a glow stick, a puffer ball, legos, or plastic pattern blocks.



Activity 2: Bracelets

Supplies Provided in this Packet: Beads and string

Things needed at home: Scissors

Directions: Make a bracelet with the material provided



Life Skills
Ms. Cheri
choward@bgclubcab.org



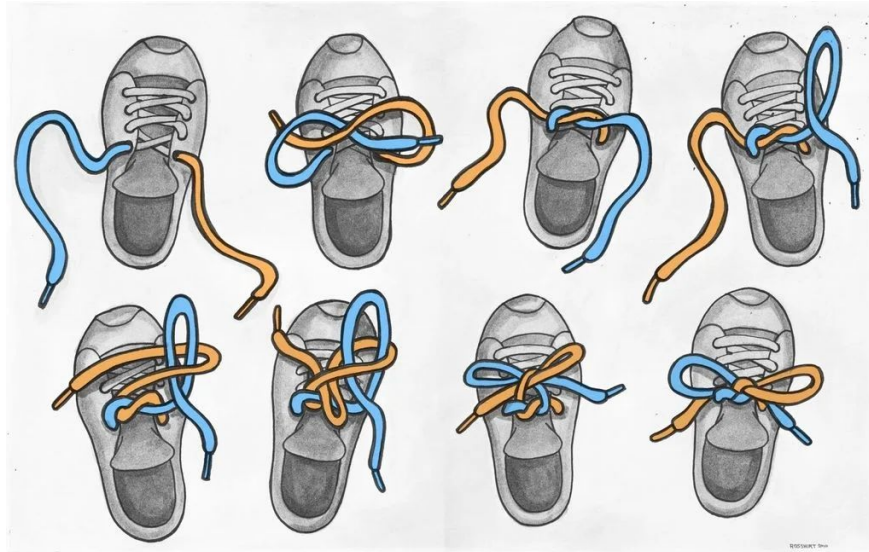
Activity: Shoe Tie

Things needed at home: 1 Shoe

Directions: Shoe tying is a very important part of our everyday lives. If you don't know how to tie your shoe yet, I challenge you to practice your shoe tying this week. Here is a link to help you with tying your shoes <https://www.youtube.com/watch?v=jKIB5UCrUrU>

If you already know how to tie your shoes I challenge you to learn how to lace them up. Please email me creative laced up shoes for a chance to win a prize of their choice: a glow stick, puffer ball, legos, or plastic pattern blocks.

Here's a link to help with crazy ways to lace: <https://www.youtube.com/watch?v=5bHGLNB8sxQ>



Technology Center
Ms. Williams
twilliams@bgclubcab.org



Activity: Music Time

Supplies Provided in this packet: Sheet Music for Baby Shark, sheet music for Twinkle Twinkle Little Star

Things needed from home:



Computer



Wi-Fi Internet

Instructions:

Step 1: Go to Baby Shark at <https://www.youtube.com/watch?v=XqZsoesa55w&vl=en>

Step 2: Listen to Baby Shark.

Step 3: Sing and play along with the maracas you will make in this week's Learning Center activity.

Introduction to Piano:

Goal: Introduction to the piano and keyboarding

Step 1: Visit <https://virtualpiano.net/>

Step 2: Click **Menu**

Step 4: Click **Key Assist On**.

Step 3: Play and experiment with the keyboard. Will work with a mouse or touchscreen

Step 4: Practice playing Baby Shark.

Step 5: Practice playing Twinkle Twinkle Little Star. The top notes are the melodies and the bottom notes are the accompaniment. Try the melody first, then try adding the accompaniment.



Learning Center
Ms. Williams
twilliams@bgclubcab.org



Activity: Making Maracas

Supplies provided in this packet: 4 spoons, 2 plastic eggs, rice

Things needed from home: Tape, Measuring spoons

Goal – Learning how materials and math create sounds.

Directions:

Step 1: Pour 1 Tbsp (tablespoon) rice into one empty plastic egg and close the egg.

Step 2: Tape around the seam of the egg.

Step 3: Place the egg between the heads of two plastic spoons and wrap tape around it to hold the spoons in place.

Step 4: Tape the handles of the two spoons to hold them together. Put aside.

Step 5: Pour 1 tsp (teaspoon) of rice into the other plastic egg and close the egg.

Step 6: Repeat steps 2, 3 and 4.

Experiment:

Step 1: Shake the maracas one at a time. Listen for any differences.

Step 2: Write down what you heard. Did they sound the same? If not, what was different about the sounds?

Step 3: Can you make up a rhythm using the 2 different maracas? Have an adult make a video of you playing your maracas, both with your rhythm and playing along with [Baby Shark](#).

Step 4: **Email your observations and videos to:** twilliams@bgclubcab.org **no later than Thursday, July 11, 2020. Please include your first and last name.**

Bring your maracas and join us on July 21st at 3:30 for our Zoom Music Fest.



Gym Gems
Coach Davis
georgia4321@yahoo.com



Beach Towel Hop

Supplies Provided: N/A

Things needed at home: Beach Towel or regular bath towel will work

Set-Up: This is a modified version of the sack race using a beach towel instead of a sack. Mark off a 30 foot course complete with a start and finish line.

-The racer will have to wrap the beach towel around their waist snugly.

-The racer(s) will then try to jump to the end of the course. The person who finishes first is the winner. The racer can not let their towel fall down or they will have to go back and start over.

-You can modify the course by placing obstacles for the racers to go around, have the racer balance something on their hand or head (would have to walk instead of jump) and any additional variation you would like to try.



Games Room
Coach Breezy
rmason@bgclubcab.org



Activity: Inch Worm Racer

Supplies Provided in this packet: Cardstock paper

Things needed at home: Scissors, pencil/pen, straw

Directions: Fold the strip of cardstock in half, then fold the halves in half again toward the center. Then fold those in half towards the center one more time. Take the scissors and barely round off the corners. Finally, unfold the paper and on one side at the end draw a smiley face. Using the straw, blow on the paper to move the worm! You can race your worm against an opponent or design an obstacle course on a table you can steer him through.



Don't forget to subscribe to our YouTube channel for a visual of this and more!

<https://www.youtube.com/BGCofCabarrusCounty>

Activity Room
Coach Breezy
rmason@bgclubcab.org



Activity: Water Targets

Supplies provided: Water gun, string, cup

Things needed at home: Pencil / ink pen

Directions: This game is to be played outside. It can be played as a race against time or against other players. First you need to take the cup and use the pencil to poke a hole in the bottom on one side of it. Feed the string through the hole. Tie each end to two separate objects so the cup can move freely on the string. Finally take the filled water gun and shoot inside the cup to send it fleeing! Please email me a photo! Best zip line gets a prize!



Remember to subscribe to our YouTube channel and see videos of us making and playing these games and more!

<https://www.youtube.com/BGCofCabarrusCounty>